SIGNATURE PACKAGES

VND

RELAXING PACKAGE

120' 1.100.000

Body Scrub & Wrap 60', Body Massage 60'

DETOX PACKAGE

120' 1.300.000

Facial Massage 60', Body Massage 60'

VIP GENTLE MAN RELAXING

120' 2.100.000

Foot Scrub, Four-Hands massage 60', Men Facial Care

Upgrade Services

200.000

Applied for any additional extended services

The greatest gift you can give yourself is the time to

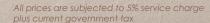
REST , RECHARGE & RENEW



Silverland Sil Hotel
20-22-24 That 'Van Lung, Sai Gon Ward, HCMC
For Reservation: (+84) 909 375 438
Opening Hours: 10:00 AM - 10:00 PM
www.silverlandhotels.com







BODY THERAPY ① / VND

HOLISTIC THERAPY This treatment uses aromatic essential oils medicinally to improve the health of the body, mind & spirit.	60' 90'	600.000 800.000
SWEDISH MASSAGE Classic massage better suited for people intersred in relaxation & tension relief.	60' 90'	600.000
HOT STONE MASSAGE Heated, smooth basalt stones incorporated into this unique massage treatment facilitates the balancing of the energy centers in the body & encourages muscle relaxation.	60' 90'	650.000 850.000
THAI MASSAGE An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation & manipulation of energy lines.	60'	700.000
SPORT MASSAGE This treatment brings deep relaxation to the muscles and calmness to the mind and the whole nervous system.	60' 90'	750.000 950.000
FOUR-HANDS MASSAGE A wonderful experience for spa holic who have a difficult time letting go of day-to-day thoughts and stresses.	60' 90'	1.300.000 2.000.000
KL SIGNATURE MASSAGE Employing a unique blend of Thai massage, Shiatsu & Swedish techniques combines with oil to help induce relaxation & release tension.	60' 90'	800.000 1.000.000
VIETNAM TRADITIONAL MASSAGE A combination of clapping, punching technique & herbal ball. It is a stimulating deep tissue that focuses on the muscles & tendons.	60' 90'	850.000 1.100.000
HEAD-BACK-SHOULDER	30'	500.000



FOOT REFLEXOLOGY TO VND FOOT MASSAGE A relaxing & effective technique that caters with all the demands of the feet.

LEG MASSAGE 60' 600.000

FACIAL CARE

) / VNI

VITAMIN ENERGY

60' 900.000

Double treatment with multi vitamins & vegetal taurine. Energy booster with powerful revitalising action.

MEN FACIAL CARE

60' 900.000

This treatment will prevent breakouts & reduce enlarged pores.



MASSAGE