



MENU

BODY THERAPY

FOOT REFLEXOLOGY

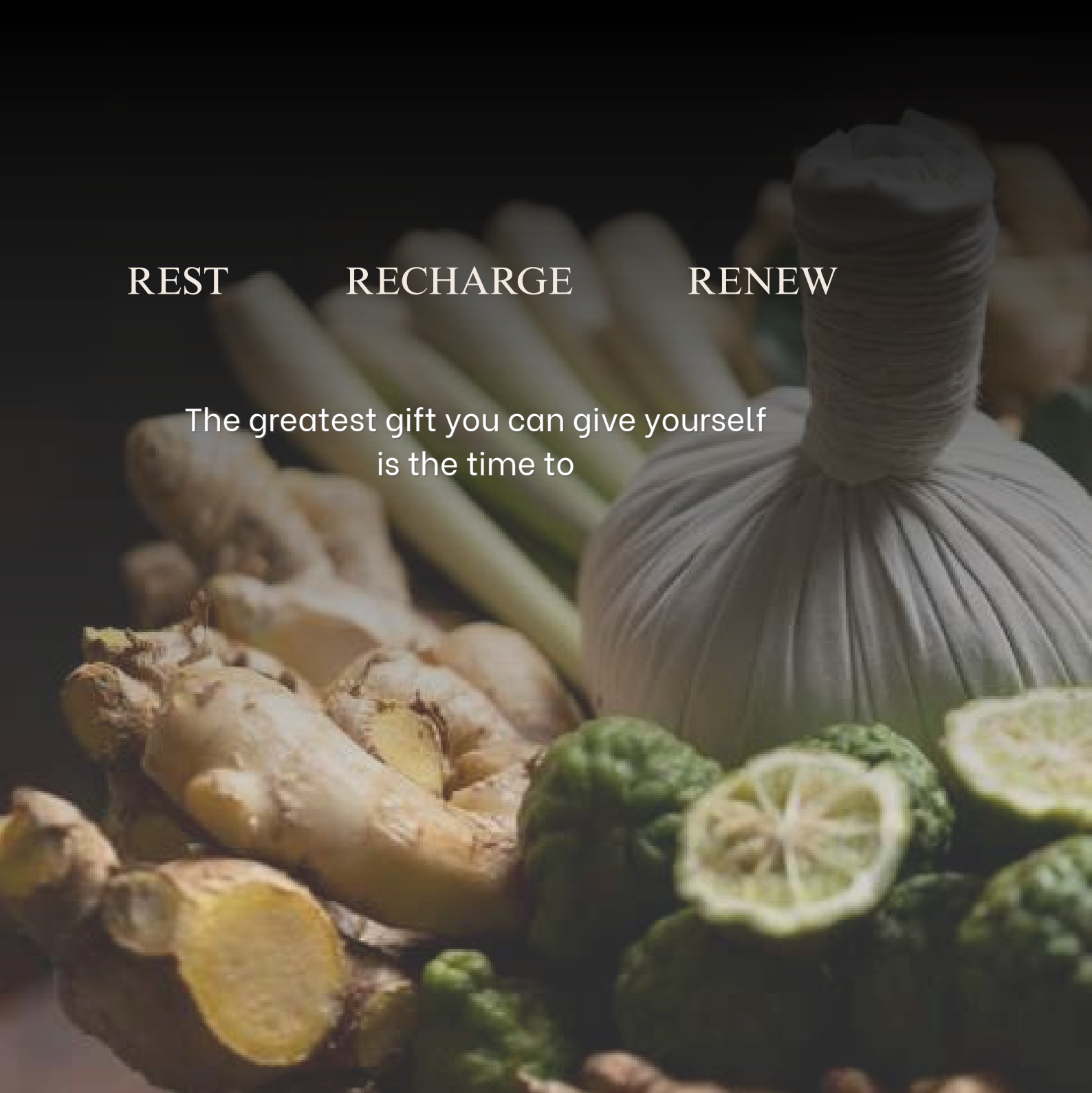
FACIAL CARE

HAIR CARE

SIGNATURE PACKAGE

For Reservation: (+84) 909 375 438
www.silverlandhotels.com



A still life composition featuring ginger, lemons, and a white cloth-wrapped bundle. The ginger is sliced and whole, the lemons are sliced and whole, and the bundle is wrapped in white cloth with a dark cap. The background is dark and the lighting is soft, creating a warm and inviting atmosphere.

REST

RECHARGE

RENEW

The greatest gift you can give yourself
is the time to

BODY TREATMENT

SWEDISH MASSAGE

Classic massage better suited for people interested in relaxation & tension relief.

60' | VND 600.000

90' | VND 800.000

TRADITIONAL VIETNAM MASSAGE

This specialized treatment focuses on clearing the body's meridians through precise pressing and acupressure on key acupoint.

60' | VND 700.000

90' | VND 900.000

THAI BORAN MASSAGE

An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation & manipulation of energy lines

60' | VND 700.000

90' | VND 900.000

All prices are subjected to 5% SVC plus current VAT



BODY TREATMENT

SPORT STRETCHING MASSAGE

This treatment is specially designed for athletes, sports enthusiasts, and those who engage in high-intensity training

60’ | VND 750.000 90’ | VND 950.000

HEAD-BACK-SHOULDER MASSAGE

The deeply relaxing massage focuses on the neck, shoulders and across

30’ | VND 400.000

DEEP QI HEAD-BACK-SHOULDER

he treatment for head/back/shoulder that seamlessly combines Western relaxation techniques with Traditional Eastern Medicine

60’ | VND 900.000

All prices are subjected to 5% SVC plus current VAT



BODY THERAPY

BAZAN HOT STONE

Heated, smooth basalt stones incorporated into this unique massage treatment facilitates the balancing of the energy centers in the body & muscles relaxation.

60'	VND 700.000	90'	VND 950.000
-----	-------------	-----	-------------

KL HERBS SIGNATURE

KL Spa's signature therapy combines stretching, Shiatsu, and Swedish massage techniques, enhanced with a warm herbal compress.

60'	VND 800.000	90'	VND 1.050.000
-----	-------------	-----	---------------

FOUR-HANDS WARMING

A unique massage experience performed by two therapists, combined with warm candles that awaken your energy.

60'	VND 1.400.000	90'	VND 2.200.000
-----	---------------	-----	---------------

All prices are subjected to 5% SVC plus current VAT



FOOT REFLEXOLOGY

FOOT ENERGIZING

A relaxing & effective technique that caters with all the demands of the feet

30'	VND 300.000	60'	VND 450.000
-----	-------------	-----	-------------

LEG DETOXING

This treatment is combined massage techniques to promote blood circulation with hot stones. It provides a deeply relaxing and light, refreshed feeling for your leg

60'	VND 550.000
-----	-------------

All prices are subjected to 5% SVC plus current VAT



FACIAL CARE

VITAMIN ENERGY

Double treatment multivitamins & vegetal taurine. Energy booster with powerfull revitalising action

60' | VND 900.000

MEN FACIAL CARE

This treatment will prevent breakouts & reduce enlarged pores

60' | VND 800.000

EYE TREATMENT

Specialized anti-aging therapy for the eye area, helping to smooth and soften the skin while reducing dark circles

30' | VND 400.000

All prices are subjected to 5% SVC plus current VAT



BODY CARE

BODY POLISH

45' | VND 400.000

BODY WRAP

45' | VND 400.000

COMBO BODY CARE

75' | VND 700.000

All prices are subjected to 5% SVC plus current VAT



HAIR CARE

SHAMPOO & DRY

45' | VND 400.000

RELAXING HAIR CARE

Hair Relaxation & Care Therapy offers deep relaxation and blow dry.

60' | VND 600.000

All prices are subjected to 5% SVC plus current VAT



SIGNATURE PACKAGES

RELAXING PACKAGE

120’ | VND 1.100.000

Combo Body Care 60’, Body Massage 60’

DETOXING PACKAGE

120’ | VND 1.400.000

Vitamin Energy Care 60’, Body Massage 60’

FOOT RELAX PACKAGE

90’ | VND 800.000

Foot Scrub & Wrap 30’, Foot Energizing 60’

BLISS FOR HER

120’ | VND 1.200.000

Vietnamese massage 60’, Relaxing Hair care 60’

GENTLE MAN RELAXING

120’ | VND 2.200.000

Foot Scrub, Four-Hands Massage 60’
Men Facial Care 60’

Exclusive Room + Bathtub

VND 300.000

Upgrade Services

VND 200.000

All prices are subjected to 5% SVC plus current VAT



Alley – The Myst Dong Khoi Hotel
6–8 Ho Huan Nghiep, Sai Gon Ward, HCMC
Opening hours: 10:00 AM – 10:00 PM

12th Floor – Silverland May Hotel
28–30 Thi Sach, Sai Gon Ward, HCMC
Opening hours: 10:00 AM – 10:00 PM

8th Floor – Silverland Sakyo Hotel
10A–B–C Le Thanh Ton, Sai Gon Ward, HCMC
Opening hours: 12:00 PM – 10:00 PM

Silverland Ben Thanh Hotel
14–16 Le Lai, Ben Thanh Ward, HCMC
Opening hours: 12:00 PM – 10:00 PM

6th Floor – Silverland Sil Hotel
20 Thai Van Lung, Sai Gon Ward, HCMC
Opening hours: 12:00 PM – 10:00 PM

For Reservation: (+84) 909 375 438
www.silverlandhotels.com



The greatest gift you can give
yourself is the time to